

34rd edition of the Tunis - Carthage COMAR Marathon

ARTICLE 1. Current edition

The 34th edition of the Marathon of COMAR is organized by the COMAR, on Sunday, December 01, 2019 under the aegis of the FTA.

This event has the following three races: Marathon (42,195 km), the half-marathon (21.1 miles) and 'Run for All'.

ARTICLE 2. The course

The course complies with national and international regulations in force. It is approved by the Tunisian Athletics Federation. The length of the course is certified by a recognized expert measurer. The measurement of the route is performed according to the method of the 'bicycle calibrated'. The course is located on the highway where traffic is interrupted for 5 hours. The organizers reserve the exclusive right to modify the course (s).

ARTICLE 3. Participation

- 1- The event is open to athletes licensed or not, men and women whether Tunisians or foreigners.
- 2- The participants in the marathon will have a maximum time of 5 hours to make the route until the finishing line. After the passage of the vehicle of the end of running, the competitors should conform to the rules of traffic - traffic rules.
- 3- The participants arriving above advisable beyond limit time will not be classified.

ARTICLE 4. Ranking

The classification will be made separately by:

- A-** Distance : 'Run for All' - Half marathon (21,1 km) - Marathon (42,195 km),
- B-** Sex : Man / Lady,
- C-** By category of age for the half marathon and marathon:

Categories	Codes	Years of Birth	Age
Seniors	SE	1980and after	Under 40
Masters	V1	From 1979 to 1970	From 40 to 49
	V2	From 1969 to 1960	From 50 to 59
	V3	1959 and before	More than 60 years

The lists of rankings will be available a few hours after the race on the website of COMAR MARATHON

Check your score on : www.marathon.comar.tn

ARTICLE 5. Mini-Marathon

A mini-marathon for the children from **7 to 14 years** will be organized. The departure will be from January 14th Place It will not have account of the classification for this running. The children can be registered only by their parents under the authority of whom, they will participate to the running. Therefore children remain under the responsibility of their parents before and after the running.

ARTICLE 6. Registration

- 1-** Registration is open online at www.marathon-comar.tn until Sunday 17/11/19,
- 2-** Registration is open at the registration desk at COMAR headquarters, Avenue Habib Bourguiba, Imm. COMAR-Tunis, from 18 to 29 November 2019 (working days) from 8 am to 6 pm and Saturday from 8 am to 12 pm (offices are closed on Sundays and public holidays).
- 3-** Registration fees: Two payment options are possible: online by credit card or e-dinar card and at checkout at our COMAR registration desk.

3-1 registration fees for the Marathon and semi-Marathon / participant:

a- online payment:

-**10 DT** for Tunisians, foreigners residing in Tunisia and for clubs not affiliated with the FTA,

-**10 euros** for non-resident foreigners in Tunisia,

-Free for the associations and clubs affiliated to the Tunisian Athletics Federation (FTA).

b- Payment at the COMAR Registration Desk:

-**15 DT** for individual registrations and for clubs not affiliated with the FTA,

-Free for associations and clubs affiliated to the Tunisian Athletics Federation (FTA).

3-2 For the race for all and the kids-Marathon, registration is free.

Any registration being firm and definitive, no refund will be made in case of error of registration, of impediment for medical reason, of unavailability,

No transfer of registration is permitted for any reason.

4- The delivery of bibs will take place from 18 to 29 November (working days) at our office at the headquarters of COMAR Avenue Habib Bourguiba, Imm. COMAR-Tunis from 8 am to 6 pm, Saturday from 8 am to 12 pm (the office is closed on Sundays and public holidays) and at our marathon village office from 9.30 am to 6 pm on 29/11/19 and from 9.30 am to 12 pm on Saturday, 30/11/19.

5- Minors aged 15 to 18 years can only be registered under the authority of their clubs, school or other official structure or with the written authorization of their tutors;

6- Clubs and associations:

6-1 FTA-affiliated clubs and associations: may register by hand or by sending or presenting a list of the participating athletes with their dates of birth, genders, license numbers and CIN by mail (letter, fax: 71 257 424, E-mail: marathon@comar.tn) or by going to the registration desk. The submitted lists must be accompanied by a copy of the license and the CIN of each participant COMAR Marathon Commitment is not required

when registering for clubs and associations affiliated to the Tunisian Athletics Federation (FTA),

6-2 clubs not affiliated with the FTA: can register in linen or by addressing or presenting a list of the participating athletes with indication of their dates of birth, gender, CIN numbers, by mail (letter, fax: 71 257 424, E-mail: marathon@comar.tn) or by going to the registration desk. The lists communicated must be accompanied by a copy of the CIN of each participant.

6-3 A COMAR marathon commitment signed by each participant (or guardian) is required for registration.

In all cases, bibs are to be collected at the registration desk between November 18 and November 29, 2019.

7- The maximum number of people to enter per race will be limited as follows:

EPREUVE	MAXIMUM NUMBER	MINIMUM AGE	MAXIMUM AGE
Kids marathon	700	7 YEARS	14 YEARS
Run for All	2500	15 YEARS	***
Half-marathon	4500	15 YEARS	***
Marathon	1000	18 YEARS	***

8- The Organizing Committee reserves the right to close registrations before the 30/11/19 and this, as soon as the limits indicated above are reached;

9- To participate in the races, each runner must have a correct dress and shoes:

- Clean clothing, designed and worn in such a way as not to offend, it must not interfere with the judges' vision;

- Shoes not constructed in such a way as to give the athletes any additional assistance that is unfair.

Each rider must wear the bib on his stomach.

Participants in the Marathon (42.195Km) and the Half Marathon (21.1Km) will race wearing bibs equipped with electronic chips.

In order for the chip to be detected on the timing mat, mats installed on the start, finish and intermediate lines, the rider must pay attention to:

- Do not fold or crease your bibs from the moment of receipt until the end of the race;
- Do not peel off the strips;
- If you have a jacket over your bib, consider opening it when you go on the timing mats;
- It is imperative to go under the arch for arrival and departure.

ARTICLE 7. Start of races

1- The start of the Marathon will be at 8:00, that of the Race for all, the Half Marathon will be at 8:15 and the "Kids marathon" (the children's race) will be at 8:20 am at Avenue Mohamed V near the square January 14;

2- Competitors are asked to meet at the starting point at 7:00 am for the Race for All, the Half Marathon and the Marathon and at 7:30 for the "Kids marathon";

3- A warm-up session is scheduled for all participants between 7:00 am and 7:45 am, and this at the central reservation of Place 14 Janvier;

In the event of a failure of the "Bullets" timing system on the day of the Marathon, the registration of the riders and the call for the start will be made: Any participant who is not registered at the start will not be ranked.

4- The call for the departure will be between 7:00 and 7:45;

ARTICLE 8. sponging

1- Posts of provisioning every 5 km at least and in the arrival,

2- Mop up Posts: From km 7, 5 and between the posts of provisioning.

ARTICLE 9. Control, security and medical monitoring

1- To ensure the regularity of the race, checkpoints will be installed throughout the route;

2- The race marshals and the security services, who will have distinctive signs,

will ensure the application of the regulations;

3- The referees will be appointed by the FTA. Their decisions will be final, they will have distinctive signs;

4- The medical supervision will be ensured:

- By ambulances on the course;
- At the end of the race, by ambulance (broom car);
- And by a medical antenna at the points of departure and arrival;

5- Important:

a. The medical services will be authorized to remove the bibs and to disqualify any competitor who appears to them unfit to continue the race;

b. Accompanying persons, even on a bicycle, are prohibited;

c. The riders participate under their own responsibility or that of their tutors. In case of accident or failure due to a bad state of health, they alone are responsible and will have no recourse against the organizers.

d. An anti-doping test is practiced at the arrival of some marathoners: the choice of runners is the responsibility of the medical director of the marathon.

ARTICLE 10. Rewards

A present will be offered to every participant having ended the event in which he participated against surrender of the bib.

ARTICLE 11. Price:

1- Prices in kind, prices in cash will be distributed and trophies. A certificate will be provided upon request, to all riders who have finished their test within the maximum time of 5 hours.

2- . PRICE IN KIND :

Race	Prize awarded
Race for all	to the first 5 (Men) to the first 5 (Women)
	In the first under 40 years (Senior category), if the time exceeds 1h15'00 "

Half-Marathon	At first under 40 (Senior category), if the time exceeds 1h30'00 " (see Part 3: Cash Prices)
	the first 3 veterans of each Masters category (V1, V2 and V3)- Men the first 3 veterans of each Masters category (V1, V2 and V3) -Women
Marathon	In the first under 40 (Senior category), if the time exceeds 2h40'00 " At first under 40 (Senior category), if the time exceeds 3h20'00 " (see Part 3: Cash Prices)
	the first 3 of each Masters category (V1, V2 and V3) the first 3 veterans of each Masters category (V1, V2 and V3)
Kids marathon	to the first 3 (boy) to the first 3 (Girl)

3- PRICES IN CASH

Half-marathon	Men and women Under 40	Cash price for first 3 and first 3 arrivals	<ul style="list-style-type: none"> For 1st prize, BONUS 200 Dinars for a time $\leq 1h03'59''$ for men and a time $\leq 1h14'59''$ for women Important: No cash prize if the time exceeds $1h15'00''$ for men and $1h30'00''$ for women
Marathon	Men and women Under 40	cash price for the first 6 and first 6 arrivals	<ul style="list-style-type: none"> For the 1st BONUS prize of: a. 3000 Dinars for a time $\leq 2h12'59''$ for men and $\leq 2h34'59''$ for women b. 1500 Dinars for a time $\leq 2h14'59''$ for men and $\leq 2h44'59''$ for women For the 2nd and 3rd BONUS prize of 1000 Dinars for a time $\leq 2h14'59''$ for men and $\leq 2h44'59''$ for women Important: No cash prize if the time exceeds $2h40'00''$ for men and $3h20'00''$ for women
Prix spéciaux pour le 1 ^{er} marathonien et la 1 ^{ère} marathonnienne tunisiens s'ils ne font pas partie des 5 premiers et 5 premières de la course 42Km	Men and women Under 40	<ul style="list-style-type: none"> 1 price : 1500 Dinars 	No price if the time exceeds $2h25'00''$ for men and $3h00'00''$ for women

4- Medals:

An official medal will be awarded to the finish line of the marathon course at any marathoner who finished the race (Marathon and semi-marathon) within the maximum time of **5h:00**.

5- Trophies:

A- The MARATHON CUP will be awarded to the champions and the champion of Tunisia's FTA-ranked marathon if it adopts marathon races COMAR men and women (42.195km) as championships of Tunisia 2017 for this discipline. ;

B- The MARATHON TROPHY will be awarded to the first winner and the first winner of the Marathon.

CHAPTER III: GENERAL PROVISIONS

ARTICLE 12. Insurance

The organizers subscribe to an insurance covering the consequences of their liability of their servants and all participants in any of the programmed races.

ARTICLE 13. Commitment

1- Participation in one of the scheduled races implies acceptance expressly by each competitor of the Regulation filed at Master Fahd El Moadhen, bailiff notary in Tunis;

2- All commitment is personal. No transfer of registration is allowed under whatever reason. Anyone who surrenders his bib to a third party no one will be held responsible in the event of an accident occurring or caused by the latter during the test. Anyone with a bib acquired in breach of this Regulation may be disqualified. The bib must be fully legible during the race. The organization declines all responsibility in the event of an accident in this type of situation.

3- The competitor undertakes on the honor not to anticipate the start and not to shorten the distance for which he registered.

ARTICLE 14. Image Rights

By participating, each competitor expressly authorizes the organizers to use or to use or reproduce his name, his image, static or in movement, his voice and his sports performance as part of the race in sight any direct exploitation or derived form of the test and this, on any support, all over the world, by all means known or unknown to date, and for an unlimited duration.

ARTICLE 15. Protection of Personal Data

1- In accordance with Law No. 2004-63 of 24 July 2004 on the protection of personal data, each participant has the right to access and rectify data concerning him, which would appear on any file to use of the organizer or the provider of the latter. Any competitor exercises this right by contacting COMAR Assurances, COMAR Building, Avenue Habib Bourguiba, 1001 Tunis. This information is intended for the organizer and is necessary for the processing of competitors' files.

2- This information may be passed on to third parties for the purpose of managing the participation of competitors. These third parties may be suppliers, service providers, subcontractors or agents in charge of certain tasks on behalf of the Organizer.

By accepting the present rules, each participant expressly agrees that his / her data will be transmitted to them in accordance with the information provided on our website and forming part of the commitment document to be completed, signed and communicated to the office. COMAR registration by the participant (or his guardian if he is a minor) for the delivery of the bib.